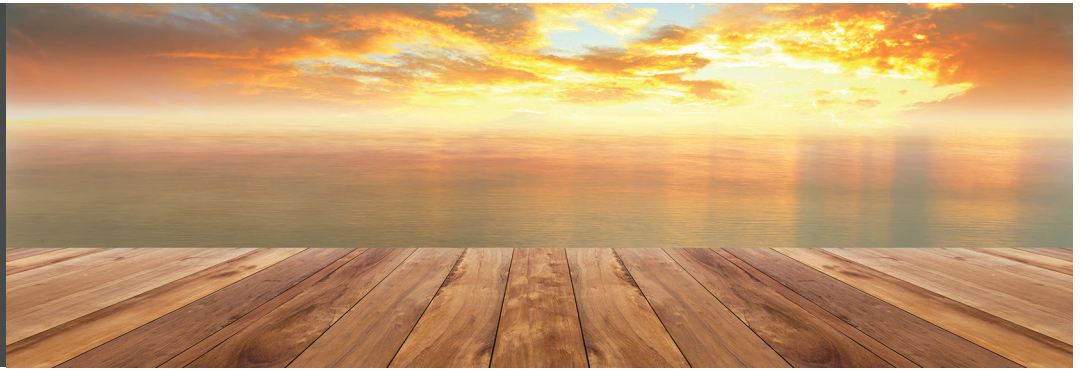


Listening People to Life  
**SPIRITUAL  
DIRECTION**

**certificate of  
completion**



**KAIROS**

SIoux FALLS  
**SEMINARY**

Evangelical  
Seminary

TAYLOR  
SEMINARY

**BLI**  
SCHOOL OF MINISTRY

HST  
HOUSTON GRADUATE  
SCHOOL OF THEOLOGY

## LISTENING PEOPLE TO LIFE: TRAINING IN SPIRITUAL DIRECTION

Listening People to Life: Training in Spiritual direction is unique training for individuals who “listen people to life” on their spiritual journeys through discernment and prayer. Class sessions are held on Monday evenings between September and May for two consecutive years. Upon satisfactory completion of Listening People to Life, students will receive a certificate of completion. This certificate can be integrated into the Kairos Project Master of Arts in Christian Leadership program. Additional admissions material, costs, and coursework are required for participation at the Master’s level.

## PREREQUISITES FOR PARTICIPATION

- Schedule a conversation with Susan Reese regarding the program. Please e-mail [sreese@sfseminary.edu](mailto:sreese@sfseminary.edu) and provide some times that you are available to discuss your interest in spiritual direction.
- Apply (before August 1), upon recommendation from Dr. Reese. To apply, visit [www.sfseminary.edu/apply](http://www.sfseminary.edu/apply).
- Receive a letter indicating acceptance into the program.
- Complete Pathwright and Zoom orientation.

## DEMONSTRATED COMPETENCIES FOR CERTIFICATE OF COMPLETION

- Has read at least the assigned readings and thoughtfully participated in class discussions and experiences
- Has been in spiritual direction throughout the program [minimum of 18 sessions] and written four reflection papers based on the director/directee sessions
- Has learned to ask meaningful questions
- Has participated in the listening people to life spiritual life retreat

- Has written a spiritual narrative that demonstrates God’s love; vulnerability, compassion, and redemptive living in Christ; and reflects living in the power of the Holy Spirit
- Has completed the Clifton Strengths Assessment and Enneagram and understands their influence in spiritual formation and direction
- Has led a ten-minute spiritual formation experience for the class
- Has created a Spiritual Disciplines binder for their use as a spiritual director
- Has learned how to establish a covenant with spiritual directees
- Has met in spiritual direction with three individual spiritual directees for a minimum of six spiritual direction sessions, totaling 18 sessions (to be completed by April of the commencing year)
- Has completed a minimum of 18 hours of in-class supervised peer/group supervision
- Has learned to keep appropriate verbatims for each spiritual directee
- Has prepared a spiritual director profile/brochure
- Has participated in the Sabbath and Celebration retreat in April of the commencing year
- Has prepared a spiritual director professional development plan

## PROGRAM COSTS

Costs involved include:

- Non-refundable application fee
- \$150 per month for 24 months (\$3,600 total)
- Cost of books, materials, and two retreats
- Spiritual direction sessions

## COURSE OF STUDY

### Year One

<b>September</b>	History of Spiritual Direction The Human Experience of God
<b>October</b>	Christian Spirituality Spiritual Formation
<b>November</b>	Spiritual Narrative
<b>December</b>	Discernment Evaluating Experiences of God
<b>January</b>	Spirituality and Personality
<b>February</b>	Contemplative Listening
<b>March</b>	Prayer Scripture
<b>April</b>	Spiritual Classics
<b>May</b>	Gender and Spirituality Spirituality and Sexuality

### Year Two

<b>September</b>	Faith Development Stages Suffering and Direction
<b>October</b>	Psychology and Spiritual Direction Resistance and Transference
<b>November</b>	Spiritual Direction and Ethics Noticing Theological Themes
<b>December</b>	Developing a Spiritual Direction Practice Group Direction
<b>January</b>	Scriptural Skills in Sacred Listening Verbatim Tool/Supervision Referral and Self-Care
<b>February</b>	Creating Meaningful Questions Peer Group Supervision
<b>March</b>	Peer Group Supervision Spiritual Formation in the Church
<b>April</b>	Peer Group Supervision
<b>May</b>	Preparing and Leading Retreats Retreat

## RESOURCE TEAM MEMBERS



**Dr. Susan Reese**

Professor of  
Spiritual  
Formation

Sioux Falls  
Seminary



**Rev. Dr. Paul Rohde**

Campus Pastor

Augustana  
University



**Rev. Christina O'Hara**

Rector

Church of the  
Good Shepherd



**Rev. Dennis Thum**

Dean of Chapel

University of  
Sioux Falls



**Ms. Jodi Hanson, M.A.**

Spiritual Director  
& Course Director

Stillpoint & Select  
Learning

**An affordable, accessible, relevant, and faithful journey of discipleship.**

Start your journey today: call - 800.440.6227 / email - [admissions@sfseminary.edu](mailto:admissions@sfseminary.edu) / visit - [sfseminary.edu](http://sfseminary.edu)